



Welcome to

KURRANULLA

ABORIGINAL CORPORATION

Acknowledgement of Country

Naggangbi Gwealgulli Nhuranhung Nhay

Welcome, this is Gweagal People's Land.

Kurranulla Aboriginal Corporation would like to acknowledge the Gweagal People of the Dharawal Nation, the Traditional Owners of the Land on which Kurranulla is located and the Land on which we meet, walk, work and live.

We would like to extend this acknowledgement to Elders; past, present and emerging.

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WHO WE ARE

Kurranulla Aboriginal Corporation (KAC) is a not for profit organisation that incorporated on 21st November 1994 under the Aboriginal Councils and Associations Act 1976.

Kurranulla is a drop in centre for local Aboriginal and Torres Strait Islander Community living in the Sutherland Shire and St George areas.

Kurranulla believes that community and culture are at the core of providing quality services to Aboriginal people and strives to develop closer ties between Aboriginal and non-Aboriginal groups and promote Aboriginal culture.

OUR MISSION

Kurranulla Aboriginal Corporation is dedicated to providing the highest quality services, delivered in a culturally safe and appropriate way, to meet the needs of Aboriginal people and families across South East Sydney, St George and Sutherland Shire.

OUR VISION

Our vision at Kurranulla is to provide high-quality culturally appropriate services to achieve meaningful and long-lasting outcomes for the local Aboriginal community living within South East Sydney, St George and Sutherland Shire.

As a regional leader, Kurranulla Aboriginal Corporation aims for reconciliation, recognition and opportunities to provide better futures for the young and the old, the fortunate, the disadvantaged, for men and women alike.





OUR VALUES AND PHILOSOPHY

OUR VALUES

CONNECTION

We value and recognise the connections to family, country and community

CULTURE

We strive to develop closer ties between Aboriginal and non-Aboriginal groups and promote Aboriginal culture

INTEGRITY

We are honest, ethical and will always do what is right

RESPECT

Guides the way we operate at all levels - with stakeholders, service providers, clients, the community and our own team

EMPOWERMENT

We strive to empower Aboriginal people and their families by providing a number of holistic wrap-around services to meet the needs of community

OUR PHILOSOPHY

Kurranulla Aboriginal Corporation believe in:

- The rights of people to make informed choices and maintain their independence in their own lives
- The rights of people to respect, privacy, confidentiality and dignity
- The rights of people to be valued as individuals
- The rights of people to access services on a non-discriminatory basis, and
- The rights of the community to receive accountable and responsive services.

OUR SERVICES

CHSP

The Commonwealth Home Support Program (CHSP) is currently offered by Kurranulla Aboriginal Corporation, and provides local Aboriginal people, who are 50 years and over and need assistance, with entry-level support services to live independently and safely at home.

Our Support Programs

Kurranulla Aboriginal Corporation provides Commonwealth Home Support Program services (CHSP).

The range of CHSP service types delivered include:



Assistance for Care and Housing

Supports people 45 years and over who are on a low income and are homeless, or at risk of homelessness, to access appropriate and sustainable housing as well as community care and other support services.



Social Support (Groups)

Assists people to participate in community life and develop social connections through group-based activities.



Social Support (Individuals)

Assists people individually to participate in community life and feel socially included.



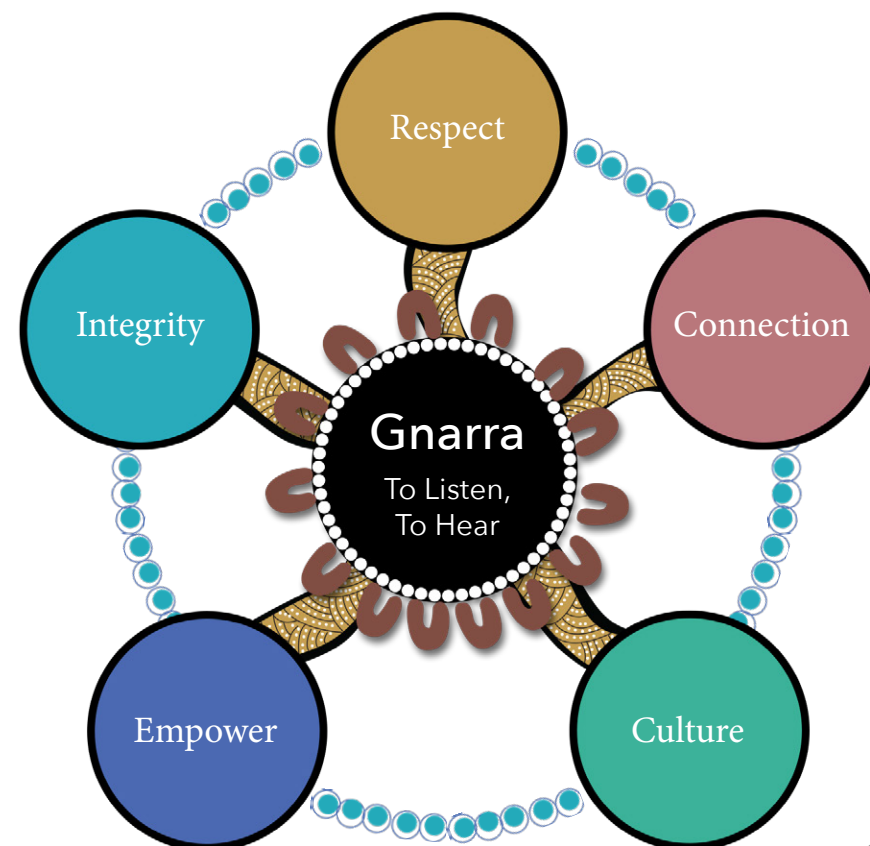
Transport

Assistance with shopping, visiting health practitioners and attending social activities.

GNARRA

Model of Care

"Gnarra" symbolises Aboriginal values that are central to Kurranulla's approach: "To listen - to hear", the messages from Aboriginals and Torres Strait Islanders in the Sutherland Shire and St George area will lay the foundation stones for the right approach to accessing services.



COMMUNITY AND CULTURAL PROGRAMS

Yanadi Women's Group (16 years +)

Yanadi Women's Group is a social support group that brings together Aboriginal women aged 16 years and over to participate in a range of activities every week, including arts and crafts, candle making, traditional weaving, jewellery making as well as regular health and well-being activities.

Gumbul Djaadja (strong brother) Men's Group (16 years +)

The Men's Group is a social support group that brings together Aboriginal men aged 16 years and over to participate in activities like fishing, BBQ'S, cultural outings, attending movies and football games, as well as regular health and well-being activities.

Kurranulla Kid's Cultural Program (ages 4-16 years)

Kid's group focuses on cultural identity, with Aboriginal kids and youth learning and discovering more about their culture each week through a range of different cultural games and activities.

Through cultural activities such as dance, language, art, and traditional practices (weaving and didge), the children get to gain knowledge and develop a strong connection to their identity and culture.

Aboriginal Youth Mentoring

The Aboriginal Youth Mentoring program seeks to offer inclusive and culturally safe mentoring to build self-esteem, life skills, resilience and connection to community and culture.

Aboriginal young people in the local community are supported to learn and practice culture, routine, discipline, and respect through dedicated one-on-one or group mentoring activities.

Offering an individualised approach, each participant receives a tailored program targeting their specific needs, strengths, and aspirations.



CULTURAL SERVICES AND TRAINING

Cultural Safety Training

Cultural safety is about creating an environment that is safe for Aboriginal and Torres Strait Islander people.

Kurranulla offers bespoke Cultural Safety Training covering 4 key topics:

- Historical Dates
- Walking in Two Worlds
- Cultural Values
- Impacts of world views and cultural values on service delivery

This training is important for individuals and organisations to ensure the design, delivery, and evaluation of services for Aboriginal people are culturally safe and appropriate.

Participants will develop shared respect and knowledge of the world's oldest surviving culture dating back more than 60,000 years!

Cultural Services

We can provide a range of programs and services suitable for schools, corporate and government. All of our programs can be tailored to suit the needs of your organisation.

Education

We offer the following services to preschools, primary schools and high schools:

- Art and Dance
- Welcome to Country / Acknowledgement of Country
- Smoking Ceremonies
- Dance Performances
- Wall Murals
- Yarning Circles
- Friendship Poles
- Message Sticks
- Storytelling - Dreamtime Stories
- Cultural Artefacts
- Bush Foods and Gardens
- Cultural Safety Training
- Language
- Canvas Artwork
- Aboriginal Youth Mentoring

Corporate and Government

We are committed to educating organisations by strengthening their understanding of our Aboriginal Culture. We offer:

- Cultural Safety Training
- Artwork
- Welcome to Country / Acknowledgement of Country
- Smoking Ceremonies
- Dance Performances
- NAIDOC Events
- Welcome to Country plaques in local language and English language

SOCIAL AND EMOTIONAL WELLBEING

Kurranulla provides culturally safe Aboriginal Mental Health and Drug and Alcohol support and engagement for Aboriginal people and their families who primarily reside within the Sutherland and St George Local Government Areas.

The service provides an Aboriginal cultural perspective within the multidisciplinary treatment process across both inpatient and community settings in respect to referrals, Mental Health & Drug and Alcohol interventions, treatment reviews and discharge planning.

The service also undertakes Mental Health and Drug and Alcohol promotion, early intervention, prevention and community liaison tasks in support of the development of culturally appropriate Mental Health and Drug and Alcohol services within the SESLHD.

The key roles of our Aboriginal Mental Health and Alcohol and Other Drugs workers are:

- Supporting the care coordination, navigation and transitions of care for Aboriginal people and their families;
- Providing a visible presence within the local Aboriginal community, offering education about Mental Health and Drug and Alcohol issues, and personal support or advice to people who need help accessing specialist Mental Health and Drug and Alcohol assessment and treatment;
- Liaising with relevant community stakeholders to support the development of culturally appropriate Mental Health and Drug and Alcohol services for Aboriginal people within SESLHD;
- Providing assistance to Sutherland and St George Mental Health and AOD services including inpatient units with regards to Aboriginal patients and delivery of care in a culturally safe manner.

We welcome the opportunity for you to refer any Aboriginal community members to us.





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For more information about Kurranulla, visit:

www.kurranulla.org.au

